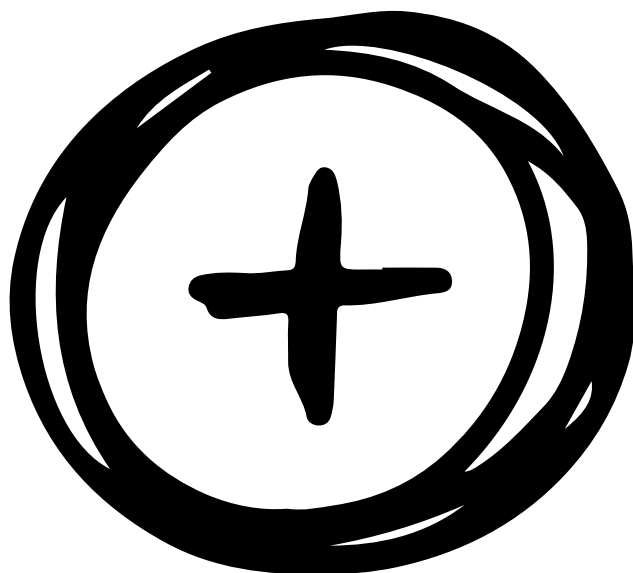


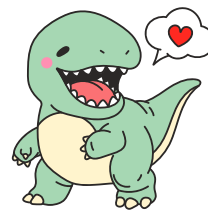
Regne strategier



NAVN: _____

KLASSE: _____

10'er venner



$6 + 4 = \underline{\hspace{2cm}}$

$0 + 10 = \underline{\hspace{2cm}}$

$7 + \underline{\hspace{2cm}} = 10$

$8 + \underline{\hspace{2cm}} = 10$

$9 + \underline{\hspace{2cm}} = 10$

$1 + \underline{\hspace{2cm}} = 10$

$4 + \underline{\hspace{2cm}} = 10$

$10 + \underline{\hspace{2cm}} = 10$

$\underline{\hspace{2cm}} + 3 = 10$

$\underline{\hspace{2cm}} + 5 = 10$

$5 + \underline{\hspace{2cm}} = 10$

$2 + \underline{\hspace{2cm}} = 10$

Skriv 10'er venner

$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} =$

$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} =$

$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} =$

$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} =$

$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} =$

$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} =$

10

$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} =$

$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} =$

$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} =$

$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} =$

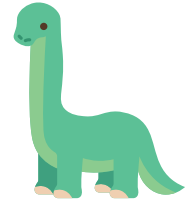
$\underline{\hspace{2cm}} + \underline{\hspace{2cm}} =$

10'er venner

Sæt ring om 10'er vennerne

9	2	3	3	7	2	7	6	1	3	4	5
5	8	9	8	1	5	2	4	9	6	8	2
5	1	9	8	9	5	3	7	7	7	5	9
3	8	4	3	7	0	1	7	0	3	9	5
5	5	7	2	0	5	10	9	7	9	8	3
7	2	6	7	1	4	8	0	5	5	2	5
4	9	4	4	9	9	2	2	6	4	0	5
3	7	1	2	9	0	5	10	6	9	3	3
3	4	7	10	2	9	0	5	5	2	10	9
10	7	8	2	2	10	6	2	9	3	0	9
1	3	4	10	2	3	9	1	4	7	5	4
2	8	4	5	4	6	5	0	10	5	9	0
1	7	6	9	3	1	5	1	5	2	5	0
3	7	6	1	3	6	10	1	9	7	6	8
0	6	5	0	7	1	8	1	5	8	4	1
5	6	5	7	6	0	2	5	2	3	2	6

Plus-par



$1 + 1 = \underline{\hspace{2cm}}$

$5 + 5 = \underline{\hspace{2cm}}$

$9 + 9 = \underline{\hspace{2cm}}$

$2 + 2 = \underline{\hspace{2cm}}$

$6 + 6 = \underline{\hspace{2cm}}$

$10 + 10 = \underline{\hspace{2cm}}$

$3 + 3 = \underline{\hspace{2cm}}$

$7 + 7 = \underline{\hspace{2cm}}$

$11 + 11 = \underline{\hspace{2cm}}$

$4 + 4 = \underline{\hspace{2cm}}$

$8 + 8 = \underline{\hspace{2cm}}$

$12 + 12 = \underline{\hspace{2cm}}$

$4 + \underline{\hspace{2cm}} = 8$

$7 + \underline{\hspace{2cm}} = 14$

$12 + \underline{\hspace{2cm}} = 24$

$6 + \underline{\hspace{2cm}} = 12$

$2 + \underline{\hspace{2cm}} = 4$

$5 + \underline{\hspace{2cm}} = 10$

$3 + \underline{\hspace{2cm}} = 6$

$9 + \underline{\hspace{2cm}} = 18$

$11 + \underline{\hspace{2cm}} = 22$

$10 + \underline{\hspace{2cm}} = 20$

$1 + \underline{\hspace{2cm}} = 2$

$8 + \underline{\hspace{2cm}} = 16$

$10 + 10 = \underline{\hspace{2cm}}$

$5 + 5 = \underline{\hspace{2cm}}$

$5 + 5 = \underline{\hspace{2cm}}$

$6 + 6 = \underline{\hspace{2cm}}$

$11 + 11 = \underline{\hspace{2cm}}$

$2 + 2 = \underline{\hspace{2cm}}$

$8 + 8 = \underline{\hspace{2cm}}$

$9 + 9 = \underline{\hspace{2cm}}$

$1 + 1 = \underline{\hspace{2cm}}$

$4 + 4 = \underline{\hspace{2cm}}$

$7 + 7 = \underline{\hspace{2cm}}$

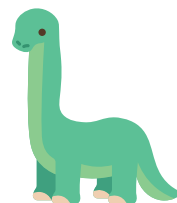
$8 + 8 = \underline{\hspace{2cm}}$

$3 + 3 = \underline{\hspace{2cm}}$

$12 + 12 = \underline{\hspace{2cm}}$

$7 + 7 = \underline{\hspace{2cm}}$

Plus-par



$_____ + _____ = 10$

$_____ + _____ = 12$

$_____ + _____ = 14$

$_____ + _____ = 2$

$_____ + _____ = 6$

$_____ + _____ = 22$

$_____ + _____ = 8$

$_____ + _____ = 18$

$_____ + _____ = 12$

$_____ + _____ = 4$

$_____ + _____ = 16$

$_____ + _____ = 18$

$_____ + _____ = 14$

$_____ + _____ = 20$

$_____ + _____ = 16$

Det dobbelte af:

$10 = \underline{\hspace{2cm}}$

$6 = \underline{\hspace{2cm}}$

$1 = \underline{\hspace{2cm}}$

$5 = \underline{\hspace{2cm}}$

$8 = \underline{\hspace{2cm}}$

$7 = \underline{\hspace{2cm}}$

$4 = \underline{\hspace{2cm}}$

$9 = \underline{\hspace{2cm}}$

$11 = \underline{\hspace{2cm}}$

$2 = \underline{\hspace{2cm}}$

$3 = \underline{\hspace{2cm}}$

$12 = \underline{\hspace{2cm}}$

Plus-par

$3 + 3 = \underline{\hspace{2cm}}$

$2 + 2 = \underline{\hspace{2cm}}$

$6 + 6 = \underline{\hspace{2cm}}$

$9 + 9 = \underline{\hspace{2cm}}$

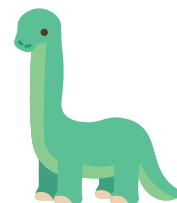
$8 + 8 = \underline{\hspace{2cm}}$

$7 + 7 = \underline{\hspace{2cm}}$

Tom og Tina har hver 9 bolde.
Hvor mange har de i alt?

Sune har to bolde. Hvor
mange har de nu i alt?

Plus-par + 1



$2 + 2 + 1 = \underline{\hspace{2cm}}$

$1 + 1 + 1 = \underline{\hspace{2cm}}$

$6 + 6 + 1 = \underline{\hspace{2cm}}$

$9 + 9 + 1 = \underline{\hspace{2cm}}$

$8 + 8 + 1 = \underline{\hspace{2cm}}$

$12 + 12 + 1 = \underline{\hspace{2cm}}$

$7 + 7 + 1 = \underline{\hspace{2cm}}$

$5 + 5 + 1 = \underline{\hspace{2cm}}$

$5 + 5 + 1 = \underline{\hspace{2cm}}$

$3 + 3 + 1 = \underline{\hspace{2cm}}$

$11 + 11 + 1 = \underline{\hspace{2cm}}$

$9 + 9 + 1 = \underline{\hspace{2cm}}$

$4 + 4 + 1 = \underline{\hspace{2cm}}$

$10 + 10 + 1 = \underline{\hspace{2cm}}$

$8 + 8 + 1 = \underline{\hspace{2cm}}$

Regn med Pluspar + 1

$5 + 6 = 5 + 5 + 1 = \underline{\hspace{2cm}}$

$11 + 12 = 11 + 11 + 1 = \underline{\hspace{2cm}}$

$7 + 8 = 7 + 7 + 1 = \underline{\hspace{2cm}}$

$12 + 13 = 12 + 12 + 1 = \underline{\hspace{2cm}}$

$9 + 10 = 9 + 9 + 1 = \underline{\hspace{2cm}}$

$8 + 9 = \underline{\hspace{1cm}} + \underline{\hspace{1cm}} + 1 = \underline{\hspace{2cm}}$

$9 + 8 = \underline{\hspace{1cm}} + \underline{\hspace{1cm}} + 1 = \underline{\hspace{2cm}}$

$4 + 5 = \underline{\hspace{1cm}} + \underline{\hspace{1cm}} + 1 = \underline{\hspace{2cm}}$

$\underline{\hspace{1cm}} + \underline{\hspace{1cm}} + \underline{\hspace{1cm}} = 11$

$\underline{\hspace{1cm}} + \underline{\hspace{1cm}} + \underline{\hspace{1cm}} = 19$

$\underline{\hspace{1cm}} + \underline{\hspace{1cm}} + \underline{\hspace{1cm}} = 3$

$\underline{\hspace{1cm}} + \underline{\hspace{1cm}} + \underline{\hspace{1cm}} = 9$

$\underline{\hspace{1cm}} + \underline{\hspace{1cm}} + \underline{\hspace{1cm}} = 7$

$\underline{\hspace{1cm}} + \underline{\hspace{1cm}} + \underline{\hspace{1cm}} = 17$

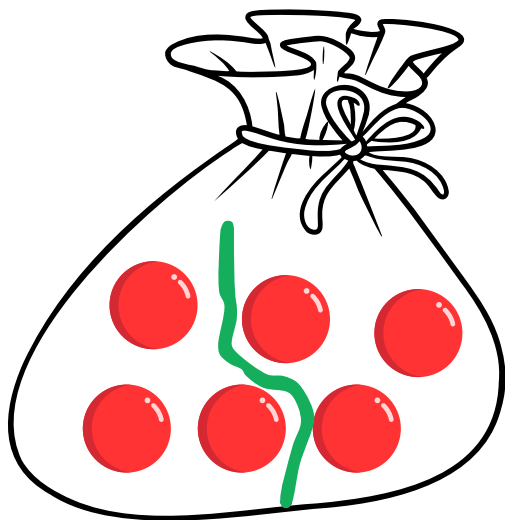
$\underline{\hspace{1cm}} + \underline{\hspace{1cm}} + \underline{\hspace{1cm}} = 13$

$\underline{\hspace{1cm}} + \underline{\hspace{1cm}} + \underline{\hspace{1cm}} = 15$

$\underline{\hspace{1cm}} + \underline{\hspace{1cm}} + \underline{\hspace{1cm}} = 5$

$\underline{\hspace{1cm}} + \underline{\hspace{1cm}} + \underline{\hspace{1cm}} = 21$

Halve

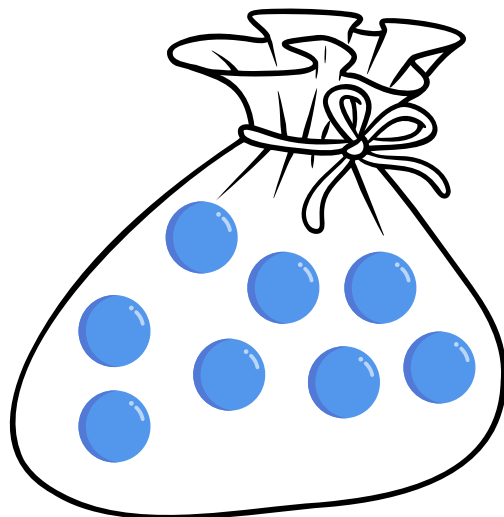


Bolde i alt

6

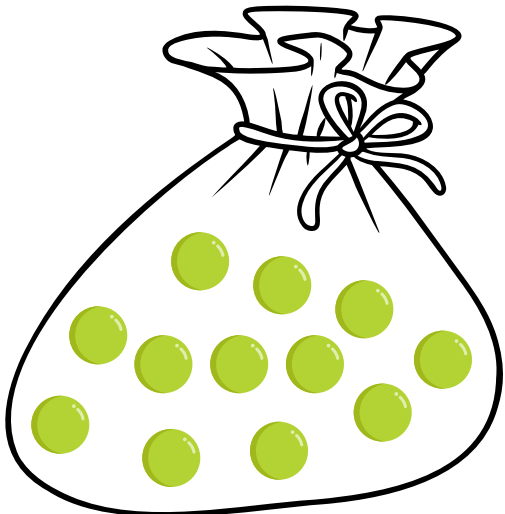
Halvering

3



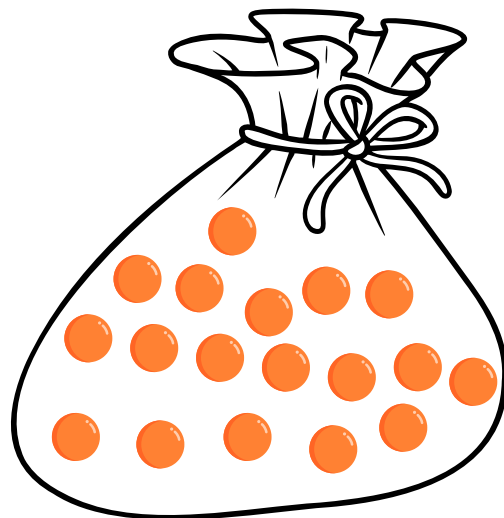
Bolde i alt

Halvering



Bolde i alt

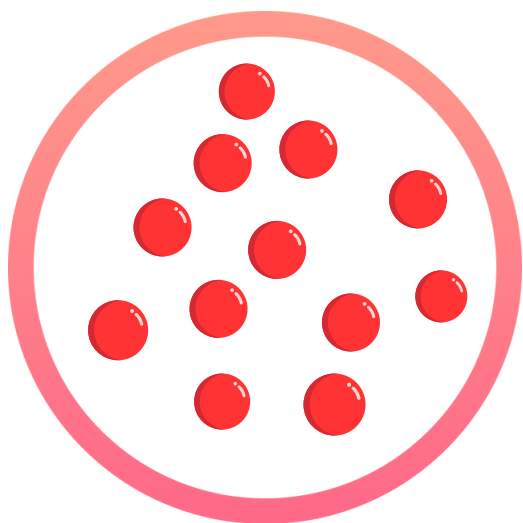
Halvering



Bolde i alt

Halvering

Halve



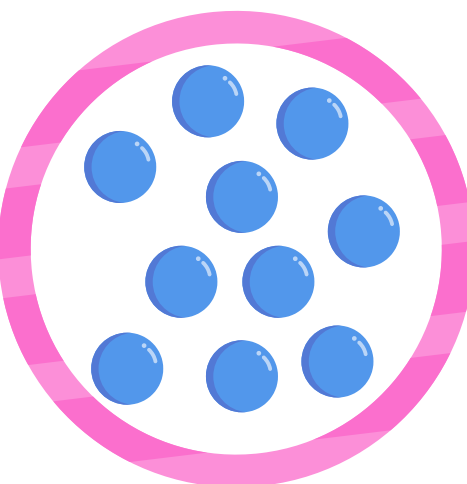
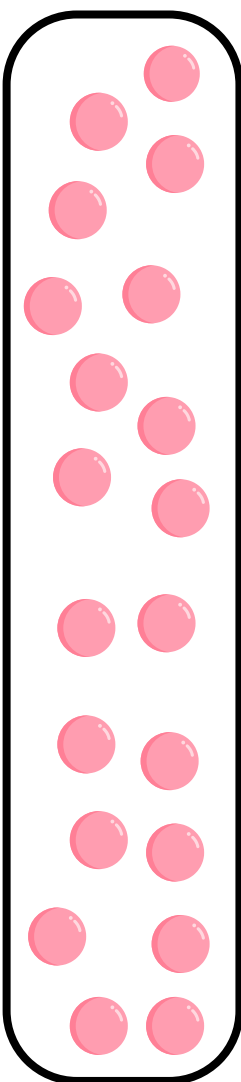
Bolde i alt

Halvering



Æbler i alt

Halvering

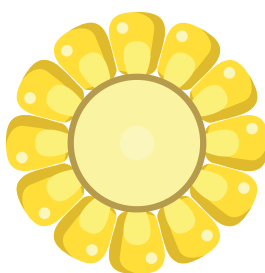


Bolde i alt

Halvering

Bolde i alt

Halvering



Majs i alt

Halvering

Hvad er det halve af:

4 → _____

10 → _____

8 → _____

14 → _____

16 → _____

20 → _____

6 → _____

2 → _____

12 → _____

18 → _____

Plus med 10



$10 + 1 = \underline{\hspace{2cm}}$	$10 + 5 = \underline{\hspace{2cm}}$	$10 + 9 = \underline{\hspace{2cm}}$	$3 + 10 = \underline{\hspace{2cm}}$
$10 + 2 = \underline{\hspace{2cm}}$	$10 + 6 = \underline{\hspace{2cm}}$	$10 + 10 = \underline{\hspace{2cm}}$	$9 + 10 = \underline{\hspace{2cm}}$
$10 + 3 = \underline{\hspace{2cm}}$	$10 + 7 = \underline{\hspace{2cm}}$	$2 + 10 = \underline{\hspace{2cm}}$	$5 + 10 = \underline{\hspace{2cm}}$
$10 + 4 = \underline{\hspace{2cm}}$	$10 + 8 = \underline{\hspace{2cm}}$	$6 + 10 = \underline{\hspace{2cm}}$	$7 + 10 = \underline{\hspace{2cm}}$

$2 + 10 = \underline{\hspace{2cm}}$	$10 + 10 = \underline{\hspace{2cm}}$	$10 + 9 = \underline{\hspace{2cm}}$	$6 + 10 = \underline{\hspace{2cm}}$
$10 + 3 = \underline{\hspace{2cm}}$	$9 + 10 = \underline{\hspace{2cm}}$	$7 + 10 = \underline{\hspace{2cm}}$	$10 + 8 = \underline{\hspace{2cm}}$
$6 + 10 = \underline{\hspace{2cm}}$	$10 + 5 = \underline{\hspace{2cm}}$	$10 + 2 = \underline{\hspace{2cm}}$	$5 + 10 = \underline{\hspace{2cm}}$
$10 + 4 = \underline{\hspace{2cm}}$	$8 + 10 = \underline{\hspace{2cm}}$	$4 + 10 = \underline{\hspace{2cm}}$	$10 + 11 = \underline{\hspace{2cm}}$

$$\underline{\hspace{2cm}} + 10 = 12$$

$$10 + \underline{\hspace{2cm}} = 15$$

$$\underline{\hspace{2cm}} + 10 = 20$$

$$10 + \underline{\hspace{2cm}} = 14$$

$$\underline{\hspace{2cm}} + 7 = 17$$

$$10 + \underline{\hspace{2cm}} = 19$$



$$6 + 10 = \underline{\hspace{2cm}}$$

$$10 + 2 = \underline{\hspace{2cm}}$$

$$10 + 0 = \underline{\hspace{2cm}}$$

$$4 + 10 = \underline{\hspace{2cm}}$$

$$5 + 10 = \underline{\hspace{2cm}}$$

$$10 + 7 = \underline{\hspace{2cm}}$$

$$10 + 1 = \underline{\hspace{2cm}}$$

$$3 + 10 = \underline{\hspace{2cm}}$$

$$6 + 20 = \underline{\hspace{2cm}} \quad 20 + 20 = \underline{\hspace{2cm}}$$

$$20 + 4 = \underline{\hspace{2cm}} \quad 9 + 20 = \underline{\hspace{2cm}}$$



Plus under 10



$2 + 3 = \underline{\quad\quad}$ $1 + 4 = \underline{\quad\quad}$ $8 + 1 = \underline{\quad\quad}$ $7 + 3 = \underline{\quad\quad}$

$5 + 1 = \underline{\quad\quad}$ $0 + 5 = \underline{\quad\quad}$ $10 + 0 = \underline{\quad\quad}$ $3 + 6 = \underline{\quad\quad}$

$4 + 3 = \underline{\quad\quad}$ $6 + 3 = \underline{\quad\quad}$ $2 + 4 = \underline{\quad\quad}$ $3 + 4 = \underline{\quad\quad}$

$3 + 1 = \underline{\quad\quad}$ $7 + 1 = \underline{\quad\quad}$ $4 + 5 = \underline{\quad\quad}$ $3 + 5 = \underline{\quad\quad}$

$8 + 2 = \underline{\quad\quad}$

$7 + 3 = \underline{\quad\quad}$

$6 + 3 = \underline{\quad\quad}$

$5 + 4 = \underline{\quad\quad}$

$6 + 2 = \underline{\quad\quad}$ $5 + 2 = \underline{\quad\quad}$ $4 + 2 = \underline{\quad\quad}$

$6 + 3 = \underline{\quad\quad}$ $5 + 3 = \underline{\quad\quad}$ $4 + 3 = \underline{\quad\quad}$

$5 + 3 = \underline{\quad\quad}$ $3 + 3 = \underline{\quad\quad}$ $5 + 3 = \underline{\quad\quad}$

$4 + 4 = \underline{\quad\quad}$ $3 + 5 = \underline{\quad\quad}$ $2 + 5 = \underline{\quad\quad}$

$1 + \underline{\quad\quad} = 4$

$2 + \underline{\quad\quad} = 5$

$6 + \underline{\quad\quad} = 7$

$5 + \underline{\quad\quad} = 9$

$4 + \underline{\quad\quad} = 7$

$3 + \underline{\quad\quad} = 8$

$3 + 2 = \underline{\quad\quad}$ $7 + 2 = \underline{\quad\quad}$ $8 + 2 = \underline{\quad\quad}$

$3 + 3 = \underline{\quad\quad}$ $7 + 3 = \underline{\quad\quad}$ $8 + 0 = \underline{\quad\quad}$

$4 + 3 = \underline{\quad\quad}$ $7 + 1 = \underline{\quad\quad}$ $9 + 1 = \underline{\quad\quad}$

$5 + 4 = \underline{\quad\quad}$ $7 + 0 = \underline{\quad\quad}$ $2 + 0 = \underline{\quad\quad}$

$6 + 4 = \underline{\quad\quad}$ $6 + 3 = \underline{\quad\quad}$ $2 + 5 = \underline{\quad\quad}$

$7 + 3 = \underline{\quad\quad}$ $6 + 2 = \underline{\quad\quad}$ $2 + 7 = \underline{\quad\quad}$

Plus under 20

$3 + 12 = \underline{\quad\quad}$ $18 + 2 = \underline{\quad\quad}$ $15 + 2 = \underline{\quad\quad}$ $8 + 5 = \underline{\quad\quad}$

$3 + 13 = \underline{\quad\quad}$ $8 + 10 = \underline{\quad\quad}$ $8 + 11 = \underline{\quad\quad}$ $8 + 7 = \underline{\quad\quad}$

$4 + 13 = \underline{\quad\quad}$ $9 + 11 = \underline{\quad\quad}$ $9 + 5 = \underline{\quad\quad}$ $9 + 6 = \underline{\quad\quad}$

$5 + 14 = \underline{\quad\quad}$ $2 + 12 = \underline{\quad\quad}$ $2 + 9 = \underline{\quad\quad}$ $9 + 8 = \underline{\quad\quad}$

$6 + 14 = \underline{\quad\quad}$ $2 + 15 = \underline{\quad\quad}$ $6 + 5 = \underline{\quad\quad}$ $7 + 9 = \underline{\quad\quad}$

$7 + 13 = \underline{\quad\quad}$ $12 + 7 = \underline{\quad\quad}$ $5 + 7 = \underline{\quad\quad}$ $8 + 7 = \underline{\quad\quad}$

$13 + 2 = \underline{\quad\quad}$ $5 + 7 = \underline{\quad\quad}$ $5 + 12 = \underline{\quad\quad}$ $8 + 12 = \underline{\quad\quad}$

$13 + 5 = \underline{\quad\quad}$ $6 + 5 = \underline{\quad\quad}$ $6 + 9 = \underline{\quad\quad}$ $7 + 9 = \underline{\quad\quad}$

$14 + 6 = \underline{\quad\quad}$ $7 + 6 = \underline{\quad\quad}$ $7 + 9 = \underline{\quad\quad}$ $8 + 9 = \underline{\quad\quad}$

$9 + 4 = \underline{\quad\quad}$ $9 + 3 = \underline{\quad\quad}$ $9 + 10 = \underline{\quad\quad}$ $10 + 10 = \underline{\quad\quad}$

$6 + 9 = \underline{\quad\quad}$ $8 + 9 = \underline{\quad\quad}$ $8 + 11 = \underline{\quad\quad}$ $7 + 8 = \underline{\quad\quad}$



$15 + 2 = \underline{\quad\quad}$ $5 + 6 = \underline{\quad\quad}$ $6 + 7 = \underline{\quad\quad}$

$12 + 5 = \underline{\quad\quad}$ $5 + 7 = \underline{\quad\quad}$ $8 + 7 = \underline{\quad\quad}$

$12 + 2 = \underline{\quad\quad}$ $13 + 6 = \underline{\quad\quad}$ $5 + 9 = \underline{\quad\quad}$ $8 + 9 = \underline{\quad\quad}$

$8 + 5 = \underline{\quad\quad}$ $8 + 4 = \underline{\quad\quad}$ $5 + 8 = \underline{\quad\quad}$ $7 + 8 = \underline{\quad\quad}$

Plus 10'ere

$10 + 20 = \underline{\hspace{2cm}}$

$30 + 20 = \underline{\hspace{2cm}}$

$60 + 20 = \underline{\hspace{2cm}}$

$20 + 30 = \underline{\hspace{2cm}}$

$40 + 30 = \underline{\hspace{2cm}}$

$90 + 10 = \underline{\hspace{2cm}}$

$40 + 50 = \underline{\hspace{2cm}}$

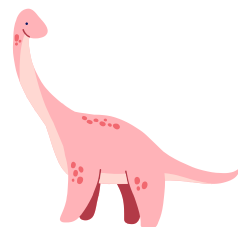
$50 + 50 = \underline{\hspace{2cm}}$

$50 + 40 = \underline{\hspace{2cm}}$

$70 + 10 = \underline{\hspace{2cm}}$

$80 + 10 = \underline{\hspace{2cm}}$

$20 + 70 = \underline{\hspace{2cm}}$



Udfyld taltavlen

				44					
			33						
		22							
	11								
0									

Plus med 9

$9 + 1 = \underline{\quad\quad\quad}$ $9 + 5 = \underline{\quad\quad\quad}$ $9 + 9 = \underline{\quad\quad\quad}$ $9 + 4 = \underline{\quad\quad\quad}$

$9 + 2 = \underline{\quad\quad\quad}$ $9 + 6 = \underline{\quad\quad\quad}$ $9 + 10 = \underline{\quad\quad\quad}$ $9 + 7 = \underline{\quad\quad\quad}$

$9 + 3 = \underline{\quad\quad\quad}$ $9 + 7 = \underline{\quad\quad\quad}$ $9 + 0 = \underline{\quad\quad\quad}$ $9 + 5 = \underline{\quad\quad\quad}$

$9 + 4 = \underline{\quad\quad\quad}$ $9 + 8 = \underline{\quad\quad\quad}$ $9 + 6 = \underline{\quad\quad\quad}$ $9 + 9 = \underline{\quad\quad\quad}$

$4 + 9 = \underline{\quad\quad\quad}$ $7 + 9 = \underline{\quad\quad\quad}$ $9 + 9 = \underline{\quad\quad\quad}$

$10 + 9 = \underline{\quad\quad\quad}$ $0 + 9 = \underline{\quad\quad\quad}$ $1 + 9 = \underline{\quad\quad\quad}$

$6 + 9 = \underline{\quad\quad\quad}$ $3 + 9 = \underline{\quad\quad\quad}$ $4 + 9 = \underline{\quad\quad\quad}$

$8 + 9 = \underline{\quad\quad\quad}$ $5 + 9 = \underline{\quad\quad\quad}$ $2 + 9 = \underline{\quad\quad\quad}$



$\underline{\quad\quad\quad} + 9 = 13$

$\underline{\quad\quad\quad} + 9 = 12$

$9 + \underline{\quad\quad\quad} = 17$

$\underline{\quad\quad\quad} + 9 = 15$

$\underline{\quad\quad\quad} + 9 = 19$

$9 + \underline{\quad\quad\quad} = 11$

$\underline{\quad\quad\quad} + 9 = 18$

$\underline{\quad\quad\quad} + 9 = 13$

$9 + \underline{\quad\quad\quad} = 19$

$\underline{\quad\quad\quad} + 9 = 11$

$\underline{\quad\quad\quad} + 9 = 10$

$9 + \underline{\quad\quad\quad} = 18$

$\underline{\quad\quad\quad} + 9 = 14$

$\underline{\quad\quad\quad} + 9 = 16$

$\underline{\quad\quad\quad} + 9 = 15$

Regnestrategier

Plus i 1. klasse. Vi mener, børnene bedst lærer plus ved brug af regnestrategier. Det bliver de også nødt til at øve. Vores matematikbog har ikke mange regnestrategier ud over 10'er venner.

Så her er et bud på at lære plus vha regnestrategier. Om de anvender fingre, tallinje, taltavle eller andet er op til dig eller op til eleven. På et tidspunkt skal de gerne være automatiseret.

God fornøjelse
SkoleGuf.com



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FOR DE RAMMER, DER ER NÆVNT I AFTALEN.

ILLUSTRATIONER ER FRA CANVA UDDANNELSE.